



- ✓ Homemade Toasted Muesli w Rhubarb Compote & Natural Yoghurt 9.0
- ✓ House Grain Free Muesli w Coconut Yoghurt, Banana & House Made Almond Milk (g.f.) (d.f.) (vegan) (paleo) 10.5
- ✓ Ciabatta, Bagel or Fruit Toast w Preserves & Butter * 6.5
 - ✓ Banana, Date and Walnut Toast w Cashew Butter and Banana (g.f.) (d.f.) (paleo) 10.5
 - ✓ Local Free Range Poached or Scrambled Eggs on Ciabatta Toast * 10.5
 - ✓ Sautéed Chorizo, Potato and Spinach w Poached Free Range Eggs & Hollandaise (g.f) 18.0
 - ✓ Grilled Haloumi w Spinach and Free Range Poached Eggs on Ciabatta & House Beetroot Chutney * 18.0
 - ✓ House Baked Beans, Chorizo & Eggs w Ciabatta Toast * (d.f.) 15.5
- ✓ Roasted Field Mushrooms w Basil Pesto & Balsamic Reduction on House Seed Toast (g.f.) 14.0
- ✓ Banana French Toast w Maple Syrup * 13.0

- ✓ Eggs Benedict served on Ciabatta w your choice of:
 - Spinach & Field Mushroom * 15.5
 - Havoc Free Range Bacon * 16.0
 - Ham off the Bone * 16.0
 - House Smoked Salmon * 17.0

- ✓ Full Cooked Breakfast * 21.0
 - Two Local Free Range Eggs Poached or Scrambled on Ciabatta w Havoc Free Range Bacon, House Baked Beans, Roasted Field Mushrooms & Tomato

- ✓ Slow Roasted Pulled Pork Tacos w coleslaw* (d.f) 14.0

- ✓ Soup of the Day served w Bread * 10.0

Extras (g.f.):

- Havoc Free Range Bacon 5.0
- House Smoked Salmon 6.0
- Ham off the Bone 5.0
- Field Mushrooms, Chorizo 4.0
- Spinach 3.0
- House Seed Toast (g.f. / d.f. / vegan) or Gluten Free Bread, add 3.0

House Made Almond Milk (d.f & g.f.) & Soy (d.f & g.f.) available

* Items can be made Gluten Free by substituting the bread for either of our Gluten Free Bread options, please ask when ordering.

We love a challenge – please let us know if you have any dietary requirements

All Eggs and Bacon are Local Free Range

Please see our cabinet for a varied selection of savoury and sweet treats including a large range of Gluten Free items and RAW Sweets.